

Maple Counseling is recruiting MFT and PCC Trainees and MSW students for our **January 2025 Adult Therapy Program winter training cohort**. We welcome your interest and application. See below for detailed information about our Clinical Training Program, and key dates to be aware of.

**Informational Open House** (by Zoom) – We are hosting two informational open houses to offer you an overview of our Clinical Training Program and answer all your questions. Meet our Chief Clinical Officer as well as some of our Clinical Supervisors and current Trainees.

Wednesday, October 2<sup>nd</sup> 11:30am-1:00pm RSVP here

Monday, October 7<sup>th</sup> 6:00pm-7:30pm RSVP here

Please RSVP to request a Zoom link for the Open House you wish to attend. The Zoom link will be distributed the day before the Open House.

## Application Submission Deadline: Friday, October 11, 2024

Application link and instructions are available on the Maple Counseling website. You are encouraged to submit all application materials as soon as possible, as we will begin conducting interviews in early October.

https://www.tmcc.org/work-with-us/internship-training

**New Trainee Orientation:** Participation in the full orientation is **mandatory**.

January 6 - 10, 2025

**Traineeship Start Date:** Supervision groups and work with clients will begin this week:

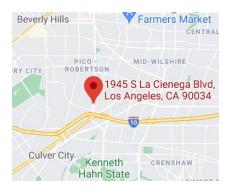
January 13, 2025

# The Clinical Training Program at Maple Counseling

Maple Counseling has been providing quality mental health care for over 50 years. We have a brandnew clinic in mid-city Los Angeles, a bright and open space that welcomes clients and clinicians to the important and healing work of therapy. We also offer telehealth, and Trainees can expect to gain hours of experience both in-person and via videoconference.

Trainees can always expect quality at Maple: Excellent supervision and plenty of training. The development of your clinical skills at the center of our focus. A variety of clients to challenge you and further your growth as a therapist. A strong sense of community with your colleagues and the prospect of joining our impressive Alumni network when you finish your traineeship.

The new Maple Counseling features a Welcome Center, with enhanced intake procedures as well as case management and resource finding. As we settle in our new neighborhood (1945 S. La Cienega Blvd, Los Angeles) we anticipate our clientele will become more diverse. As we learn what needs exist in the community, new programs, services, and groups may follow. The opportunities ahead are inspiring!



All Traineeships at Maple Counseling are for a full year, approximately 20 hours per week.

Trainees are volunteers.

We do not charge training fees.

The January cohort is for the Adult Therapy Program only.

**The Adult Therapy Program:** Trainees in the Adult Program treat a caseload of individuals ages 18 and older. We approach clinical work with a psychodynamic and insight-oriented lens. Clients may receive short or long term therapy. Maple Counseling adult clients present with a variety of diagnoses and problems. Clinical supervision focuses on developing your clinical skills, formulating case conceptualization, and building your ability to form effective therapeutic relationships with clients. Diagnostic assessment skills are emphasized as part of the Intake and Assessment Track.

**Core requirements:** Provide 10 clinical hours per week. Attend a two-hour group supervision (in clinic) and one-hour triadic (offsite) supervision weekly. Participate in the Intake and Assessment Track, conducting psychosocial assessments with new clients and attend the two-hour weekly Assessment Training (Wednesdays 2:00pm – 4:00pm). Attend weekly Clinical Trainings (Tuesdays, 10:00 am – 12:00 noon) on a broad range of clinical topics. You must schedule three different days of the week to see clients. A minimum of one evening per week until 9:00pm and either a Friday or Saturday seeing clients is required. Remote telehealth sessions may be conducted at client request, but trainees must also be available to see clients in the clinic. The Adult Program traineeship is approximately 20 hours per week.

#### The Adolescent Therapy Program: (August start only; no January 2025 cohort)

This training program is focused on the treatment of adolescents ages 12 and up. Trainees see students at Beverly Hills High School and Beverly Vista Middle School, as well as adolescents and their families at the clinic. Parents may be included in the treatment with family sessions or as parent consultation. Training and supervision are structured to address the unique challenges facing therapists who work with teens. Trainees may provide individual and/or group therapy in their assigned schools. Most clients are seen in person, either at school or in the clinic.

Core requirements: Provide 10 clinical hours per week. Attend a two-hour group supervision (in clinic) and one-hour triadic (offsite) supervision weekly. Attend weekly training (Wednesdays between 10:00am and noon). Attend a weekly one-hour supervision group specific to the group therapy you are providing in the schools. Seeing clients on three different days in the week, including within school hours, is required. A minimum of one evening per week seeing clients until 9:00pm is required, and an additional evening or Saturday shift may be required. The Adolescent Therapy Traineeship is approximately 20 hours per week.

## The Child and Family Therapy Program: (August start only; no January 2025 cohort)

The Child and Family Therapy Program involves training and supervised experience in working with younger children and families. In addition to sessions conducted in the clinic, Trainees will provide services in community-based elementary and middle schools. Trainees will conduct a parenting education series and may develop support groups on other family and parent focused topics. **Preference will be given to applicants who have prior experience working with children and families.** Please specify that experience in your application.

Core requirements: Provide 10 clinical hours per week. Attend a two-hour group supervision (in clinic) and one-hour triadic (offsite) supervision weekly. Attend weekly training (Wednesdays between 10:00am and noon). Attend a weekly one-hour supervision group specific to the community-based programs. Seeing clients on three different days in the week, including within school hours, is required. A minimum of two late afternoons/evenings per week seeing clients, and/or a Saturday shift is required. Most Child & Family clients are seen in person, either at school or in the clinic. The Child and Family Traineeship is approximately 20 hours per week.

## **Specialty Training**

**Couples Therapy:** Trainees who have been in the Adult Therapy Program for a minimum of six months have the opportunity to work with couples as a part of their adult caseload. Specialized training in couples therapy will be required (dates/times TBD). Ongoing weekly consultation in couples therapy is provided.

**Group Therapy Track:** The Group Therapy Track involves training and supervised experience in co-leading therapy groups. Maple Counseling has a number of ongoing therapy groups focused on various men's and women's issues. Participation in the Group Therapy Track is by application only. This would be IN ADDITION to your participation in a Program (described above). Adding a Track to your traineeship means your time commitment increases by up to six hours per week.

**Core Requirements:** Two hours of Group specific group supervision weekly, and co-leading one or two therapy groups per week. All members of the track share the duties of phone screening and intake. A six-week training in Group Therapy is conducted in the summer, and attendance is required for participation in the track. Note: Trainees in the Group Therapy Track are expected to meet all requirements of a Program in addition.

**How to Apply:** Positions to co-lead therapy groups are limited. Interested Trainees should contact Michael Frank, the group therapy supervisor, to discuss future openings. <a href="mailto:mfrank@tmcc.org">mfrank@tmcc.org</a>.

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We welcome your interest in Maple Counseling and look forward to hearing from you.

General questions about our Clinical Training Program, or inquiry about your application can be sent to <a href="mailto:internprogram@tmcc.org">internprogram@tmcc.org</a>.

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